



## Greetings from the President & Executive Director



"We are stronger, gentler, more resilient, and more beautiful than any of us imagine."—Mark Nepo, poet

The Miriam-Webster dictionary defines resilience as "an ability to recover from or adjust easily to adversity or change". It's a word everyone at Mothercraft has used more in the last few years than ever before, and a concept we have embedded in our practices like never before. Because resilience is critical to every human's ability to not only survive but to thrive. After more than nine decades of providing important supports and services to families with young children, resilience is something everyone at Mothercraft not only understands, but prioritizes.

In 2023, as the world continued to recover from the global pandemic, our entire organization — staff, board, partners, and the

communities we serve — exhibited resilience in so many ways; in our ongoing recovery from COVID-19, in our reimagining of how we deliver programs, in our work with governments to improve how service systems work, and in moving forward with our priorities. A remarkable feat, despite the fact that being resilient is much easier said than done.

Early in the year, the Board of Directors and senior staff determined that the time was now to fully re-focus on the objectives of the organization's strategic plan, Vision 2031.

New initiatives to support the health and wellbeing of children and their families, some of which you can read about in the pages of this report, were introduced. Specialized training for the professionals who care for children and families, such as Building Resilience, Connections and Enhanced Language Training, were continued. And the ongoing work of identifying ways for systems to better respond to the needs of communities, were strengthened.

## Greetings from the President & Executive Director (continued)

In 2023, we continued to move toward our strategic service goal to serve 500 more children, 500 parents/caregivers and to train 3000 more professionals by the end of 2031. To meet these goals, we:

- actively participated in implementation activities related to the Canada-Wide Early Learning and Child Care (CWELCC) program and began actively pursuing opportunities to open more child care centres;
- conferred more than double the usual number of Diplomas in Early Childhood Education through the delivery of an online diploma program with investments from government to expand the early learning workforce; and,
- began delivery of two new, federallyfunded early intervention programs:
  - » Healing through Relationships: Responding to Children and Mothers Disproportionately

- Affected by COVID-19 which will enhance maternal mental health and prevent children's mental health problems among those families disproportionately affected by COVID-19 across the City of Toronto.
- » Connections for Breaking the Cycle of Violence will expand the number of professionals trained in Mothercraft's family violence intervention over the next four years in 15 new communities across Canada.

Most importantly, when we surveyed our service users to assess whether they felt their involvement with Mothercraft was improving their relationships, sense of belong and well-being, the results were outstanding:

- 94% of respondents reported an increase in the quality and number of relationships
- 100% reported an improved sense of belonging

• 95% reported an improvement in their sense of well-being

Since 1931, Mothercraft's strength has been rooted in our ability to learn from, and with, each other. If the last several years have taught us anything, it's that we are stronger together. Our ability to adapt and respond to adversity has been tested, and we have emerged with a renewed sense of purpose. We continue to challenge ourselves and strive to create the conditions for every child we serve to thrive and become the amazing people we know they will be. Each and every one of us at Mothercraft is committed to that mission, and we look forward to doing it collectively, collaboratively and in partnership with our communities. And with you.

Tanzeel Merchant, President
Michele Lupa, Executive Director



## 2023 Highlights







Dr. Mary Motz, Clinical Psychologist, shares the preliminary findings from a pan-Canadian training and research project, Connections for Breaking the Cycle of Violence.

Sharing our work around the world. Mothercraft staff give presentations at a variety of **local**, **national** and **international** conferences.







Michele Lupa, Executive Director, participates in an international panel with Dr. Nermeen Dashoush and Dr. Beverlyn Cain on leveraging strengths in early learning at the World Forum on Early Care and Education in Panama City, Panama.

Mothercraft's EarlyON Child & Family Centre partners with Surrey Place Centre to offer the **Infant Hearing Program**.

The partnership allows parents to have their babies' hearing checked by professionals in a community setting close to home.

#### **Glory Ressler**,

Director of Strategy,
Policy and Quality
Assurance shares
Mothercraft's
action plan on
diversity, equity
and inclusion at the
World Association
of Infant Mental
Health Congress in
Dublin, Ireland.

# Storypark 2

Mothercraft partners with **StoryPark**.

Centres for Early Development implement this online platform — operating in 37 countries worldwide — to facilitate daily communication with families by sharing videos, photos and "stories" that capture children's learning and development in real time.

## 2023 Highlights (continued)

StoryPark co-founder, **Peter Dixon**, is the keynote speaker at the Mothercraft College of ECE graduation ceremony.



Michele Lupa is invited to join the Ontario Minister of Education's Advisory Committee on the implementation of **CWELCC** (Canada-Wide Early Learning and Child Care program).

**Building Resilience** training is offered to early learning professionals in Ottawa.

The Enhanced Language
Training (ELT) program is
delivered online and outreach is
expanded to include newcomers
from across southern Ontario
who are interested in working
in the early learning sector.



\$39,467 36
Value of Gro

Track this number to see your food rescue savings over time!

Rescued Food



36,457 lbs
Greenhouse Gases

**Diverted** 

Thank you for keeping healthy food on plates and out of landfills.



11,473 lbs

**Total Pounds** 

Received

Thank you for caring for people and the planet!

Through its partnership with **Second Harvest**, Mothercraft contributes to positive impacts for the environment.



Nerina Chiodo, Pregnancy Outreach Worker, presents at the "Homelessness During Pregnancy Symposium" hosted by Toronto Metropolitan University and Young Parents, No Fixed Address (YPNFA) Centre for Social Innovation, with over 60 community partners in attendance. The YPNFA Network screens a powerful new video at the symposium, based on research conducted with homeless pregnant women.

## In Their Own Words (2023 Testimonials)

Having a place to go for social interaction helped me as a first-time mother. It gave purpose to our day and when I arrive it is always a positive atmosphere."

-Survey Respondent on well-being

I don't feel isolated. I meet new people and I enjoy seeing my child bonding with other adults and other children. It's also an important part of my connection with Canadian culture."

-Survey respondent on belonging

Spending time with the staff and other caregivers makes me feel that I am part of a community, that I am not alone and I can find support in this beautiful space with amazing people."

-Survey Respondent on relationships

I am so full of gratitude for you and the BTC team. Your love, support and care has meant the world to me and the girls. I don't think I could have done this adulting/parenting/recovery thing without you. I promise to keep going. I know I deserve it. My girls definitely deserve it."

-Early Intervention parent

Mothercraft's EarlyON is a lifesaver!
Incredibly grateful for this resource."

-EarlyON family

To know your child is not only in safe, caring hands, but their social and emotional development is flourishing, their sense of agency is developing, and they are having so much fun, is something you can't put a price on."

-CED family

The consistent level of engagement and enthusiasm demonstrated by the staff towards the children ... has had a profound impact on me and my family."

-CED family

I enjoy attending your workshops because they are so pertinent and helpful. Thank you so much for doing what you do. You are making a positive impact on our lives."

-EarlyON family

Your support, encouragement and guidance have made this a memorable experience. This year has been filled with growth, challenges and unforgettable moments. I cherish the memories we've created together and the valuable lessons learned along the way."

-ECE Diploma student



### The Year in Numbers

3,087
Children served

3,620
Parents/caregivers served

282
Child care spaces

25,568
Visits by children & parents/caregivers

1,268
Individuals referred to Mothercraft

3,216
Referrals for service made from Mothercraft

128
ECE graduates

243
Students enrolled

2,702

**Professionals trained** 

336
Student placements

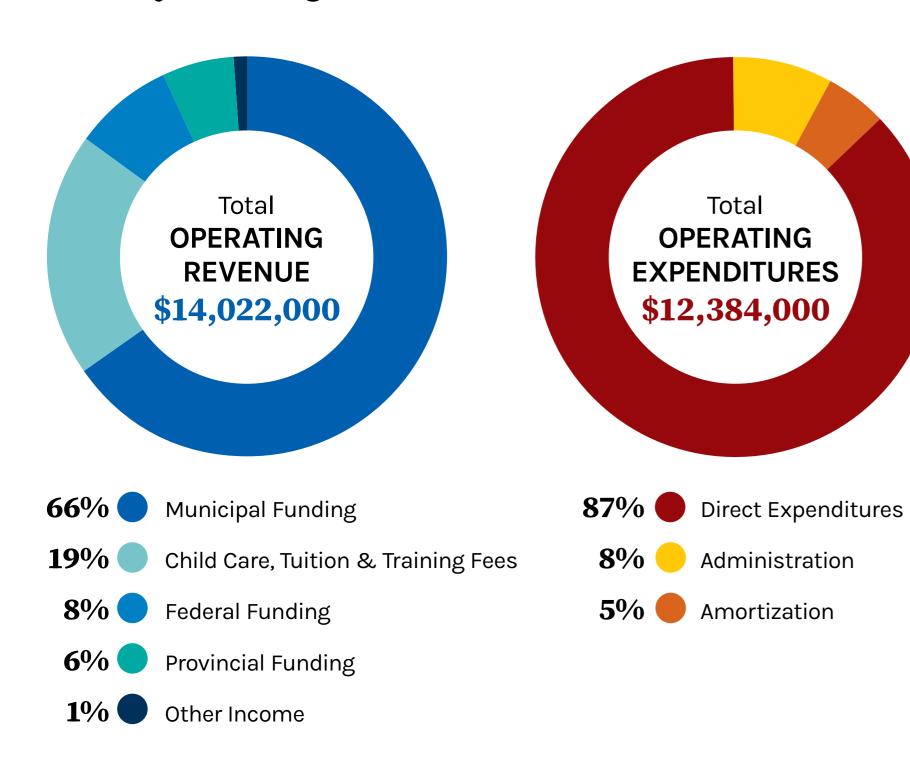
142
Staff

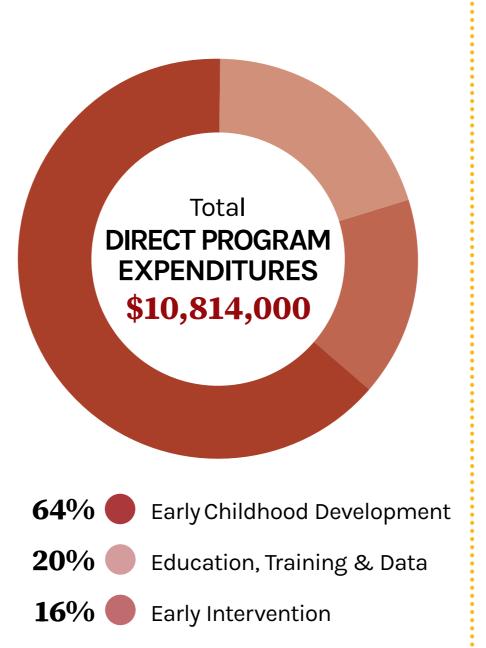
Service Locations

### Financial Statements

#### **Statement of Operating Revenue & Expenditure**

For the year ending December 31, 2023





#### Thank you to our Funders

Anonymous
The City of Toronto
Immigration,
Refugees &
Citizenship Canada
Metcalf Foundation
Ministry of Children,
Community & Social
Services
Public Health Agency

of Canada

The Regional
Municipality of
Durham
The Regional
Municipality of Halton
The Regional
Municipality of Peel
University Health
Network, Princess
Margaret Hospital

### Thank you to our Donors and Gifts-in-Kind

Carpenters & Allied
Workers Local 27
General Fund
KMEK Holdings Inc.
The Professional
Association of
Residents of Ontario
CHUM Charitable
Foundation
Oana Damian
Margaret Leslie

Wendy Gauthier
Esther James
Anderson
Lucas Seungheon
Lee
Leslie Holbrow
James Anderson
Aziz Firasta
Cecilia Racine
Susan Maltmannity
Impact Fund

### Thank You to Our Staff & Board

#### 2022-2023 **Board of Directors**

Tanzeel Merchant (President)

Helen Rattee (Treasurer)

Mohamed Bhamani (Secretary)

Lashell Eaton (Member-at-Large)

Sabrina Qinyu Cao (Director)

Sharon Filger (Director)

Julia Forgie (Director)

Lora Gotcheva (Director)

Vinusha Gunaseelan (Director)

Elisabeth Marks (Director)

Julia O'Byrne (Director)

Tracy Reynolds (Director)

Viva Zhou Ronco (Director)

Caroline Wang (Director)

#### **2023 Staff**

Jean Abbott Kristel Aguirre Alyssa Mae Aguirre Angela Ahn Adrienne Ahrens Mahjabeen Ali Entsar Ali Nurazliya Alias Kaila Anderson Massimo Ascenzi Kimia Attar Lana Avahian **Ensiye Babareza** Fehmida Bangi Vera Barbosa Somayeh Batani Lorene Bitan Kristina Block Gina Bolivar Sarah Bonell Cristina Branco Maide Bulgurcu Minx Cai Maria Jeanine Cantero

Leicah Carino

Claudia Cataldi

Karandeep Chaba

Anita Chang Lucy Cheng Nerina Chiodo Kim Clarke Sarah Conlin Sumita Costa Pereira Amira Cunha Angelique Davies Lina Demaghlatrous Gina DeMarchi Alan DeRoche Anna DiLecce Ann Do Qian Dong Joy Enahoro Fatemeh Eslahi Krystal Facey Vanessa Fernandes Lisbeth Fernandez Sonia Ferreira Senia Figueroa Hillary Fonseca Latoya Frazer Pearl Gandhi Sandra Garcia Rachel Goldfarb Kevin Gomez Corina Gonzalez Jennifer Gordon

Eileen Guinto Ida Guo Jafreen Haque Sue Hariharan Kaprice Higgins Winnie Ho Jessica Ho Tracy Ho Mona Hosseini Abir Howera Miyoung Hwang Riley Ishii Samina Jabeen Zaimun Jamil Sinai Jardon Kirthika Jeeva Lino Joseph Vicky Kahlon Arifa Karim Navjot Kaur Vidushi Kaushik Urooj Khatri Lisa Kieu Ly Eunji Kim Sally Kim Olga Kondili Alketa Kumbaro Katie Kwaczek

Cindy Kwan

Steve Kyriacopoulos Scott Laban Rebecca Lash Gloria Lee Natali Lee Hailey Lee Clara Lee Meghan Leek Margaret Leslie Karen Li April Lin Khadija Lokandwala Soheila Lotfi Michele Lupa Chunying Lu Filwyn Ma Richenne Macaranas Dan Angela Magistrado Mona Mahdian **Christine Caroline** Maina Mary Anne Malecon Emmy Malick Sheyda Manavi Purvi Manek Stefi Manuel Michelle Manuel Victoria Marchetta

Sharmaine Marciales

Sakiko Matsuo Alexandra Mazina Kira McLaren Felipe Medeiros Mahnaz Mirzaei Jennifer Moore Deb Morson Mary Motz Monica Mu Shamilah Mukhtar Miriam Mulumba Tshiefu Franchesca Muñoz Leah Murray Sarah Mustafa Lidija Naumovska Venus Nazli Fateme Nemati Thao Ngoc Le Debbie Nystrom Suvarna Pai Sandra Pang Sneha Parikh Sehee Park Yevheniya Pekar Lianna Pham Rosa Phanlith

Diranouhi Markarian

Callie Martin

Breanna Pinkney Mariana Pinos Maureen Pioquinto Grace Ponte Swethaa Ramesh Uzma Raza **Glory Ressler** Canuta Rodrigues Maria Gabriela Rodriguez Natalie Russell Ayesha Saleem Nataliya Samuel Sajida Sana Ullah Patricia Santos Tristan Seixas Isil Senturk Piraveena Sivasamy Kerry Smyth Myrene Solidum-Lugtu Nazanin Soroush Bana Stegu Tamy Suen Vivi Sutanto Irina Sverdlova Alaleh Tamizi Lalaine Tan Iris Tang

Cathy Tang

Yoshie Tate Tania Tazreen Elizabeth Thavamalar Jacob Indiradevy Thiruchchelvarajah Atiya Thomas Teanna Thompson Nikita Thumm-Rouse Mariana Torniero Maria Torres Jahnvi Tripathi Stacy Turner Anna Tyzler Krushangi Uttarankar Aida Vrenozaj Navajit Walia Grace Walton Susan Wang Reyes Werner Julia Wheelihan Judy White Claudette Wilson Kimberly Wint Jing Zhang

### Where to Find Us

#### 10 Front St W

Toronto, ON, M5J 2S1 416-367-1758

Brookfield Place Centre for Early Development

#### 32 Heath St W

Toronto, ON, M4V 1T3 416-920-3515

Robertson House Centre for Early Development

EarlyON Child & Family Centre (main site)

**Executive Office** 

#### **14 Trinity Square**

Toronto, ON, M5G 1B1 416-340-9651

Eaton Centre Centre for Early Development

#### 646 St. Clair Ave W

Toronto, ON, M6C 1A9 416-483-0511

Mothercraft College of Early Childhood Education

EarlyON Child & Family Centre (satellite site)

**Corporate Services** 

#### **610 University Ave**

Inside Princess Margaret Hospital

Toronto, ON, M5G 2M9 416-946-4501

Magic Castle

#### 393 King St E

Toronto, ON, M5A 1L3 416-364-7373

Breaking the Cycle

BTC Pregnancy Outreach Program

Parent-Infant Program

Connections for Breaking the Cycle of Violence

Connections

#### 171 Avondale Ave

Toronto, ON, M2N 2V4 416-941-2121

Avondale Centre for Early Development

#### 44 Lillian St, Unit 101

Toronto, ON, M4S 2H4 416-362-0333

Midtown Centre for Early Development

